Potato Pride
Wilge Marathon
28 APRIL 2018

G.J. Human Sports Grounds
Frankfort

Medals for everyone who finish the race

Race takes place along the Wilge River, 80% gravel road

Free Gifts for 42.2km and 21.1km!

Entry forms on request at ngkfft@telkomsa.net or 058 813 1487

Emergency no/Event Manager: Anita Oberholzer 071 382 7219
Safety Rep: Carla Cronje 072 375 1039

Distances:

42.2km
21.1km
10km

Qualifying race for COMRADES

Rules:

1. Athletes must be ELIGIBLE-members of an affiliated club to qualify as Category winner or you do not need to belong to a club to run any of the races EXCLUDING 42.2km. Club athletes dressed in club colours, must wear an official ASA 2018 Licence number. Numbers to be worn 1 in front and 1 at the back of vest.

2. Temporary number to be worn at the front sold for R50.

3. Age restriction: Min age- 42.2 km- 20y; 21.1km- 16y; 10km-16y.

4. All marshals, traffic authorities and traffic rules must be obeyed failing to do so may lead to disqualification.

5. Check points on route. (Keep left at all times). In case of an emergency report to the next water point.

6. All walkers, runners participate at their own risk.

7. Due to the nature of the course no wheelchairs, prams, blades, animals, cyclists or mechanically operated devices are allowed excl. hearing aids.

8. Age category tags must be worn on the front & back to qualify as category winner.

9. Race Number or Entry tickets must be completed in full, if not athlete will be disqualified from the race and will not receive a Medal or Prize money. An emergency number of family member must be completed.

10. Proof of age must be provided on race day- if requested.

11. The organizers reserve the right to return any entry not in keeping with the spirit of the race.

12. All winners need to attend the prize giving. 42km - 12:30, 21km - 10:30, 10km - 09:30

13. The decision of the organization will be final and no correspondence will be entered into.

14. Foreign athletes competing for prize money must produce a clearance certificate from their national bodies to compete in SA handed in, to the organisers before the event start.

15. The race is run according to the rules of IAAF and ASA and AFS.
POTATO PRIDE WILGE MARATHON
Race starts at 07:00  Venue: G.J. HUMAN SPORTS GROUNDS, Frankfort
42.2km & 21.1km & 10km - Day of Race - 28 April 2018

Personal Information
Surname
First Name
Postal Address
ID No.
Gender
Date of Birth
Tel (H)
Tel (W)
Cell
Fax
E-Mail
Nationality
Emergency Contact Number

Race Information
Club Name in full
2018 Licence No.
Province
Age day of race
Age category (mark with X)
J S 35-39 40-49 50-59 60+

Payment
Banking Details: NG Kerk, FNB, branch code 230433,
62638590126, Ref. Name and Distance
Payment Method (Select one):
Cash Cheque Direct Deposit

Race Numbers for pre-entries can be collected at G.J. Human Sports
Grounds on 27 April 2018 from 16:30 to 18:00, 28 April 2018 from 05:30.
Late entries will be accepted on day of race. Walkers cannot enter the
42.2km and 21.1km, but welcome to enter the 10km.

Prizes & medals - Men and Women (OPEN)

<table>
<thead>
<tr>
<th>DISTANCE</th>
<th>42.2km</th>
<th>21.1KM</th>
<th>10km</th>
</tr>
</thead>
<tbody>
<tr>
<td>CATEGORY</td>
<td>1st PRIZE</td>
<td>2nd PRIZE</td>
<td>3rd PRIZE</td>
</tr>
<tr>
<td>Senior</td>
<td>R 3 000.00</td>
<td>R 2 000.00</td>
<td>R 1 000.00</td>
</tr>
<tr>
<td>35-39</td>
<td>R 1 000.00</td>
<td>R 750.00</td>
<td>-</td>
</tr>
<tr>
<td>40-49</td>
<td>R 1 000.00</td>
<td>R 750.00</td>
<td>-</td>
</tr>
<tr>
<td>50-59</td>
<td>R 1 000.00</td>
<td>R 750.00</td>
<td>-</td>
</tr>
<tr>
<td>60+</td>
<td>R 1 000.00</td>
<td>R 750.00</td>
<td>-</td>
</tr>
<tr>
<td>Junior</td>
<td>-</td>
<td>-</td>
<td>-</td>
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</tbody>
</table>

General
Technical Manager: Christoff Jacobs: 082 561 2982; Safety Rep: Carla Cronje: 072 375 1039
Accommodation: Siesta B&B: 082 441 2743, Victorian Manor: 082 804 3461, Lourenza: 072 149 8902, Pecan Grove: 082 491 2974,

Release and waiver: By completing and signing this entry form the entrant agrees and confirms that he/she is in
good health, physically fit and sufficiently equipped to take part in the event. The entrant agrees to comply with all
the rules, conditions and regulations of the event, including payment of the applicable entry fee. By signing this
the entrant agrees to release and hold harmless from liability and damage, however occurring, the organizers
of the Potato Pride Wilge Marathon (in all their guises and capacities), ASA, AFS, all sponsors, volunteers,
medical personnel and local authorities. ASA, IAAF and AFS RULES APPLY.

Signature: 
Date: 
Signature parent/guardian of minor 18 years:

RACE SPONSORED BY POTATO PRIDE