With the AGM on our calendar soon (20 June 2018) we once again have the opportunity to enlighten the public of our activities the past year. Much has happened over the year and we have a lot to be thankful for. We are concerned about a number of aspects, but changes are a constant.

After the flurry of changes the previous year, re-organisation and re-structuring were unavoidable and we have succeeded in maintaining current skills and implement enterprising new skills that will reaffirm valuable service from all people who work at the Aurora Centre. We have been looking at alternative ways to approach treatment and are constantly investigating the changes that take place elsewhere. One of these is a maintenance service to opioid dependents which appears to be a new avenue in the maintenance and treatment of substance abusers. Material is also constantly being updated to include relevant and applicable information.

With the theme: “Leaving a legacy”, we have been able to prove that we indeed leave a legacy in terms of the years we have in business and can still do that for the future to come. But it requires hard work and perseverance. We need to focus on our main business and be the best at what we do. This appears to be the crux of our services and focus.

Thank you once again for believing in an organisation that will keep on realising its potential and grow from strength to strength.

G.H.J. Kruger

We all want to be known as someone who truly made a difference, to leave an imprint on this world and to leave behind something that can make the future a little brighter.

From the time we are kids, we’re told that we are special and we are destined for something wonderful, that we can take the world by the horns and that whatever we set our minds to we can accomplish, that it’s our world and what we choose to do with it is up to us.

But what happens when our lives change and our legacy turns into something we didn’t plan on? Things change in a moment and suddenly everything we believed, understood or desired goes out the window. Suddenly, we’re faced with a chance to rewrite our destinies, to make things right no matter how bad we think it sucked before.

We all want to be remembered, to feel that we’ve contributed something to the world.

For some, this can be a driving force leading to great accomplishments and extraordinary contributions to mankind. But for most of us with more modest goals, what pushes us is the desire to leave a legacy.

Your legacy is putting your stamp on the future. It’s a way to make some meaning of your existence: “Yes, world of the future, I was here. Here’s my contribution, here’s why I hope my life mattered.”

What do you want your legacy to be?

“The things you do for yourself are gone when you are gone, but the things you do for others remain as your legacy.”

-Kalu Ndskwe Kali
The Management and Staff of the

AURORA ALCOHOL AND DRUG CENTRE

cordially invite you to the

ANNUAL GENERAL MEETING

to be held at the Aurora Centre,
28 Cromwell Road, Naval View,, Bloemfontein

GUEST SPEAKER
Dr. Paulina v Zyl

Novel pharmacological approaches in alcohol dependence

RSVP: The Secretary
On or before 15 June 2018
051 447 4111
aurorabfn@absamail.co.za

CBS News reports that a recent survey indicates approximately two million teens between the ages of 12 and 17 currently need treatment for a substance abuse problem, but only about 150,000 get the help they need. This high number is largely due to the fact that it is easy for teens to access many kinds of drugs but trying anything just once can lead to drug addiction. Teens are often more experimental than adults and willing to try anything their friends are doing, making a dependency on cocaine, heroin, marijuana or another drug more likely to occur. This growing problem leads to a growing need of professionals for training aimed at addressing specifically adolescent substance use and abuse.

Aurora will be hosting a practical workshop on 27 June aimed at equipping professionals to work with adolescents facing substance abuse challenges.

Aurora Youth Centre wants to thank Rev. Wollie, Gerhard Wessels and the church counsel of the Klipkerk Bloemfontein for their generous donation of bibles.

Each youth that completes the Aurora Youth Centre treatment programme will receive a bible to continue their spiritual growth at home.

Your generosity is highly appreciated

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Practical empowerment of Social Workers / Auxiliary Social worker working with adolescents with substance use disorders

The aim of the workshop is to develop the skills of social workers / auxiliary social workers working with adolescents who is facing challenges due to substance use or substance abuse.

The workshop will focus on three objectives:
- Understanding the development and impact of substance use disorders.
- How to be effective in therapy with adolescents with substance use disorders.
- Practical activities that can form part of therapy with adolescents facing substance abuse or substance use challenges

27 June 2018
09h00 – 16h00
R605 per person

Limited space available
Last day of registration 22 June 2018
Contact Marietjie for more information
info@auroracentre.co.za
051 447 4111
The legislation of marijuana in South Africa has been a topic of wide discussion and concern since the Western Cape High Court judgement in March 2017.

There is a common misconception that cannabis has been legalised in South Africa - but this is not the case just yet.

If you are caught in possession of marijuana the police can arrest you, put you in jail and generally ruin your day and very possibly, your life. You may use the WCHC judgement in your defence at Magistrate’s Court level but to date we do not have a case that has been successfully concluded in order to create a precedent.

Judgment is still pending with the Constitutional Court, and if legalization is successful, Parliament still has two years to make the necessary changes to the relevant laws. Until then, while home users found smoking or in possession of marijuana may attempt to fend off prosecution citing privacy rights, instances of public use and being found under the influence of marijuana at the workplace can lead to criminal charges, as well as whatever recourse deemed fit by the workplace.

Similarly to alcohol, marijuana use impacts a person’s ability to think and react clearly, thus negatively affecting their ability to properly function at work.
For now, marijuana is still illegal, so users may face prosecution based on trace detection in urine tests. But even if recreational use is legalised, there will still be regulations surrounding responsible use. Included in this, such as with alcohol consumption, users will not be permitted to work under the influence.

For more information