30 Things To Do With Your Kids Outside

- Look at a cloud and say what you think it looks like.
- Make a wish on a dandelion.
- Explore a cobweb and make spiders cool.
- Hug a tree.
- Build a house for fairies.
- Read a book in the woods.
- Fill a basket with nuts, leaves, and sticks that have fallen from trees.
- Pick up 3 pieces of trash from outside.
- Identify 3 birds.
- Throw rocks in a river, pond, or puddle.
- Plant wildflowers.
- Build a rock cairn.
- Slide down a sand or grassy hill.
- Explore a trail you have never been down.
- Draw pictures in the dirt.
- Paint rocks with water and see what colors arise.
- Splash in a big puddle.
- Put bugs in a bowl and observe them.
- Work in a garden or explore a public garden.
- Pick out how many shades of green you see on a trail.
- Look for something prickly.
- Sing in the rain, no rain?? stick your head in a fountain or waterfall and sing!
- Plant a seed that you find on the trail (acorn, pine cone, willow fuzz)
- Have a picnic.
- Find a trail with a creek and look for the animals that live in it.
- My Trail
  - Name a trail with your own special name.
  - Make binoculars out of toilet paper rolls and spy something through them.
- Make a new friend.
- Walk like a duck, a deer, or a bear.
- Find different items that are your child’s favorite color.

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